

## ABOUT RLSS

For over two decades, the Rashtriya Life Saving Society (India) has been empowering people with lifesaving skills as LIFESAVERS, with the hope that they will respond to drowning and accident victims to save LIVES, as they have the skills to help and are under oath to assist a victim in distress. Realising that training only 500,000 lifesavers since its launch over two decades ago has been inadequate, RLSS (I) is expanding its reach to cover the entire nation by creating RLSS ASSOCIATIONS at the State, District, Panchayat, and Village levels, so that the message of lifesaving and drowning prevention can reach every HOME.

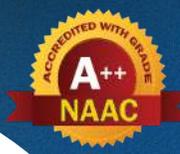


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Guru Kashi University, Bathinda



## DEPARTMENT OF PHYSICAL EDUCATION, GURU KASHI UNIVERSITY, TALWANDI SABO, PUNJAB

IS ORGANIZING

### NATIONAL TRAINING COURSE ON LAND SAFETY PROTOCOL

IN COLLABORATION WITH

### RASHTRIYA LIFE SAVING SOCIETY (RLSS), INDIA

(28th - 30th January 2026)

### About Program

The National Training Course on Land Safety Protocol aligns with Guru Kashi University's vision of holistic education and social responsibility. It emphasizes skill development in safety preparedness, emergency response, and training for students, research scholars, faculty, and community professionals. Quick responses to emergencies can significantly reduce fatalities and injuries.

By partnering with RLSS for this program, the University aims to enhance safety awareness, preparedness, and life-saving skills within its academic community.



### About Guru Kashi University

The Guru Kashi University has been founded by Balaji Education Trust, Talwandi Sabo which was established in 1997 and became the foundation stone for education in this region. The first college, Guru Gobind Singh Polytechnic was established in 1998 and later Graduate and Post graduate programmes were added. In 2001, Guru Gobind Singh College of Engineering & Technology was established, followed by Guru Gobind Singh College of Education in 2005. In 2006, GGS Institute of IT and Research and the GGS College of Nursing came into existence. In 2011, Guru Kashi University was established by the Punjab Act No. 37 of 2011.

## Objectives of the Program

The proposed National Training Course aims to:

- Equip participants with practical skills in life-saving and emergency response.
- Develop trained first respondents within the university ecosystem.
- Promote awareness and preparedness for medical emergencies and disasters.
- Provide national-level certification through RLSS.



## Key Areas of the Training Course

Cardiopulmonary Resuscitation (CPR)

Automated External Defibrillator (AED) Usage

First Aid Management

Trauma Management / First Respondent Skills

Disaster Response and Emergency Preparedness

## Registration and Course Fee

Students & Research Scholars: ₹ 2,500

Faculty Members: ₹ 3,000

The fee will cover:

- Training and instructional sessions
- Practical skill training and evaluation
- Course materials
- Certification by RLSS
- Administrative and logistical expenses

**Note:** The food and Accommodation will be provided on the need of the participants on the charge basis i.e., ₹ 500

## Duration and Dates

**Duration:** 3 Days

**Dates:** 28th - 30th January 2026

Enroll

Now!



*Scan & Register now.*